



# Health & Safety Guidelines

Updated as of 2/26/2022. The following procedures and protocols will be updated as necessary. Any changes will be communicated as they occur. If you have any questions or concerns, please reach out!

## General Guidelines

- Please DO NOT attend class in-person if you have experienced at least two (2) of the following symptoms within the last 5 days: fever, cough, extreme fatigue, sore throat, loss of taste/smell, nausea, or vomiting and/or diarrhea.
- You will be required to complete the [Daily Health Form](#) within 24 hours of attending an in-person class.
- The in-person class capacity is limited to 10 students at this time to provide ample dance space for class.
- Advance registration for in-person classes is required (no drop-in's allowed).

## Hygiene

- Upon entering/exiting all students and the instructor will be encouraged to sanitize or wash their hands.
- Hand sanitizer will be readily available in and around the studio, as well as soap & warm water in the bathroom.
- Street shoes should be removed in the waiting area before entering the studio.

## Face Coverings

- Masks/face coverings are optional. Please consider your individual health and situation when deciding on whether to wear a mask or not.
- The completion of a COVID-19 Liability Waiver is required for any student who wishes to attend an in-person class at Studio 21. This waiver can be found in your student [Punchpass account](#).

## Cleaning/Disinfecting

- All high touch surfaces will be sanitized between every class.
- Students are encouraged to bring their own mats when required for class.
- Students should bring their own water bottle.